

## 6 References

1. Siegel R, Naishadham D, Jemal A. Cancer statistics, 2013. *CA: a cancer journal for clinicians*. 2013; 63: 11-30.
2. Shoemaker ML, White MC, Wu M, Weir HK, Romieu I. Differences in breast cancer incidence among young women aged 20-49 years by stage and tumor characteristics, age, race, and ethnicity, 2004-2013. *Breast cancer research and treatment*. 2018; 169: 595-606.
3. Harbeck N. American Society of Clinical Oncology highlights 2013: breast cancer and gynecological malignancies. *Future oncology (London, England)*. 2013; 9: 1433-6.
4. Ren W, Chen M, Qiao Y, Zhao F. Global guidelines for breast cancer screening: A systematic review. *Breast (Edinburgh, Scotland)*. 2022; 64: 85-99.
5. Qiu R, Zhong Y, Hu M, Wu B. Breastfeeding and Reduced Risk of Breast Cancer: A Systematic Review and Meta-Analysis. *Computational and mathematical methods in medicine*. 2022; 2022: 8500910.
6. Cuzick J. Radiotherapy for breast cancer. *Journal of the National Cancer Institute*. 2005; 97: 406-7.
7. Moo TA, Sanford R, Dang C, Morrow M. Overview of Breast Cancer Therapy. *PET clinics*. 2018; 13: 339-54.
8. Webster NJ, Resnik JL, Reichart DB, Strauss B, Haas M, Seely BL. Repression of the insulin receptor promoter by the tumor suppressor gene product p53: a possible mechanism for receptor overexpression in breast cancer. *Cancer research*. 1996; 56: 2781-8.
9. Azam M, Qureshi A, Mansoor S. Comparison of estrogen receptors, progesterone receptors and HER-2/neu expression between primary and metastatic breast carcinoma. *JPMA The Journal of the Pakistan Medical Association*. 2009; 59: 736-40.

10. Duffy MJ. Estrogen receptors: role in breast cancer. *Critical reviews in clinical laboratory sciences*. 2006; 43: 325-47.
11. Paliwal SR, Paliwal R, Agrawal GP, Vyas S. Targeted breast cancer nanotherapeutics: options and opportunities with estrogen receptors. *Crit Rev Ther Drug Carrier Syst*. 2012; 29: 421-46.
12. Hua H, Zhang H, Kong Q, Jiang Y. Mechanisms for estrogen receptor expression in human cancer. *Experimental hematology & oncology*. 2018; 7: 24.
13. Louie MC, Seigny MB. Steroid hormone receptors as prognostic markers in breast cancer. *American journal of cancer research*. 2017; 7: 1617-36.
14. Cai Q, Shu XO, Jin F, Dai Q, Wen W, Cheng JR, et al. Genetic polymorphisms in the estrogen receptor alpha gene and risk of breast cancer: results from the Shanghai Breast Cancer Study. *Cancer epidemiology, biomarkers & prevention : a publication of the American Association for Cancer Research, cosponsored by the American Society of Preventive Oncology*. 2003; 12: 853-9.
15. McGowan EM, Clarke CL. Effect of overexpression of progesterone receptor A on endogenous progestin-sensitive endpoints in breast cancer cells. *Molecular endocrinology (Baltimore, Md)*. 1999; 13: 1657-71.
16. Giulianelli S, Molinolo A, Lanari CJV, Hormones. Targeting progesterone receptors in breast cancer. 2013; 93: 161-84.
17. Daniel AR, Hagan CR, Lange CA. Progesterone receptor action: defining a role in breast cancer. *Expert review of endocrinology & metabolism*. 2011; 6: 359-69.
18. Lim E, Palmieri C, Tilley WD. Renewed interest in the progesterone receptor in breast cancer. *Br J Cancer*. 2016; 115: 909-11.
19. Grimm SL, Hartig SM, Edwards DP. Progesterone Receptor Signaling Mechanisms. *Journal of molecular biology*. 2016; 428: 3831-49.
20. Obr AE, Edwards DP. The biology of progesterone receptor in the normal mammary gland and in breast cancer. *Molecular and cellular endocrinology*. 2012; 357: 4-17.

21. Pedroza DA, Subramani R, Lakshmanaswamy R. Classical and Non-Classical Progesterone Signaling in Breast Cancers. *Cancers*. 2020; 12.
22. McNamara KM, Moore NL, Hickey TE, Sasano H, Tilley WD. Complexities of androgen receptor signalling in breast cancer. *Endocrine-related cancer*. 2014; 21: T161-81.
23. Park S, Koo J, Park HS, Kim JH, Choi SY, Lee JH, et al. Expression of androgen receptors in primary breast cancer. *Annals of oncology : official journal of the European Society for Medical Oncology*. 2010; 21: 488-92.
24. Salvi S, Bonafè M, Bravaccini S. Androgen receptor in breast cancer: A wolf in sheep's clothing? A lesson from prostate cancer. *Seminars in cancer biology*. 2020; 60: 132-7.
25. Finlay-Schultz J, Sartorius CA. Steroid hormones, steroid receptors, and breast cancer stem cells. *Journal of mammary gland biology and neoplasia*. 2015; 20: 39-50.
26. Garay JP, Park BH. Androgen receptor as a targeted therapy for breast cancer. *American journal of cancer research*. 2012; 2: 434-45.
27. Feng SS, Mei L, Anitha P, Gan CW, Zhou W. Poly(lactide)-vitamin E derivative/montmorillonite nanoparticle formulations for the oral delivery of Docetaxel. *Biomaterials*. 2009; 30: 3297-306.
28. van Asperen J, van Tellingen O, Sparreboom A, Schinkel AH, Borst P, Nooijen WJ, et al. Enhanced oral bioavailability of paclitaxel in mice treated with the P-glycoprotein blocker SDZ PSC 833. *British journal of cancer*. 1997; 76: 1181-3.
29. Kuppens IE, Bosch TM, van Maanen MJ, Rosing H, Fitzpatrick A, Beijnen JH, et al. Oral bioavailability of docetaxel in combination with OC144-093 (ONT-093). *Cancer chemotherapy and pharmacology*. 2005; 55: 72-8.
30. Jain AK, Swarnakar NK, Das M, Godugu C, Singh RP, Rao PR, et al. Augmented anticancer efficacy of doxorubicin-loaded polymeric nanoparticles after oral

- administration in a breast cancer induced animal model. *Molecular pharmaceutics*. 2011; 8: 1140-51.
31. Jain AK, Das M, Swarnakar NK, Jain S. Engineered PLGA nanoparticles: an emerging delivery tool in cancer therapeutics. *Critical reviews in therapeutic drug carrier systems*. 2011; 28: 1-45.
  32. Thanki K, Gangwal RP, Sangamwar AT, Jain S. Oral delivery of anticancer drugs: challenges and opportunities. *Journal of controlled release : official journal of the Controlled Release Society*. 2013; 170: 15-40.
  33. van Leeuwen RW, Brundel DH, Neef C, van Gelder T, Mathijssen RH, Burger DM, et al. Prevalence of potential drug-drug interactions in cancer patients treated with oral anticancer drugs. *British journal of cancer*. 2013; 108: 1071-8.
  34. El-Readi MZ, Althubiti MA. Cancer nanomedicine: a new era of successful targeted therapy. *J Nanomater*. 2019; 2019: 1-13.
  35. Jain V, Kumar H, Anod HV, Chand P, Gupta NV, Dey S, et al. A review of nanotechnology-based approaches for breast cancer and triple-negative breast cancer. *J Control Release*. 2020; 326: 628-47.
  36. He L, Gu J, Lim LY, Yuan ZX, Mo J. Nanomedicine-Mediated Therapies to Target Breast Cancer Stem Cells. *Frontiers in pharmacology*. 2016; 7: 313.
  37. Rocha M, Chaves N, Báo S. Nanobiotechnology for breast cancer treatment. *Breast cancer-From biology to medicine*. 2017.
  38. Yu B, Tai HC, Xue W, Lee LJ, Lee RJ. Receptor-targeted nanocarriers for therapeutic delivery to cancer. *Molecular membrane biology*. 2010; 27: 286-98.
  39. Tran P, Lee S-E, Kim D-H, Pyo Y-C, Park J-S. Recent advances of nanotechnology for the delivery of anticancer drugs for breast cancer treatment. 2020; 50: 261-70.
  40. Bangham AD, Standish MM, Watkins JC. Diffusion of univalent ions across the lamellae of swollen phospholipids. *Journal of molecular biology*. 1965; 13: 238-52.

41. Rethi L, Mutalik C, Anurogo D, Lu LS, Chu HY, Yougbaré S, et al. Lipid-Based Nanomaterials for Drug Delivery Systems in Breast Cancer Therapy. *Nanomaterials* (Basel, Switzerland). 2022; 12.
42. Torchilin VP. Recent advances with liposomes as pharmaceutical carriers. *Nature reviews Drug discovery*. 2005; 4: 145-60.
43. Barenholz Y. Doxil®--the first FDA-approved nano-drug: lessons learned. *J Control Release*. 2012; 160: 117-34.
44. Paliwal SR, Paliwal R, Mishra N, Mehta A, Vyas SP. A novel cancer targeting approach based on estrone anchored stealth liposome for site-specific breast cancer therapy. *Current cancer drug targets*. 2010; 10: 343-53.
45. Tang H, Chen J, Wang L, Li Q, Yang Y, Lv Z, et al. Co-delivery of epirubicin and paclitaxel using an estrone-targeted PEGylated liposomal nanoparticle for breast cancer. *Int J Pharm*. 2020; 573: 118806.
46. Jain AS, Goel PN, Shah SM, Dhawan VV, Nikam Y, Gude RP, et al. Tamoxifen guided liposomes for targeting encapsulated anticancer agent to estrogen receptor positive breast cancer cells: *in vitro* and *in vivo* evaluation. *Biomedicine & pharmacotherapy = Biomedecine & pharmacotherapie*. 2014; 68: 429-38.
47. Wang X, Chen X, Yang X, Gao W, He B, Dai W, et al. A nanomedicine based combination therapy based on QLPVM peptide functionalized liposomal tamoxifen and doxorubicin against Luminal A breast cancer. *Nanomedicine : nanotechnology, biology, and medicine*. 2016; 12: 387-97.
48. Lee CK, GebSKI VJ, Coates AS, Veillard AS, Harvey V, Tattersall MH, et al. Trade-offs in quality of life and survival with chemotherapy for advanced breast cancer: mature results of a randomized trial comparing single-agent mitoxantrone with combination cyclophosphamide, methotrexate, 5-fluorouracil and prednisone. *SpringerPlus*. 2013; 2: 391.
49. Xu G, Tang H, Chen J, Zhu M, Xie Y, Li Y, et al. Estrone-targeted liposomes for mitoxantrone delivery via estrogen receptor: *In vivo* targeting efficacy, antitumor activity, acute toxicity and pharmacokinetics. *Eur J Pharm Sci*. 2021; 161: 105780.

50. Ağardan NM, Değim Z, Yılmaz Ş, Altıntaş L, Topal TJJDDS, Technology. Tamoxifen/raloxifene loaded liposomes for oral treatment of breast cancer. *J Drug Deliv Sci Tech.* 2020; 57: 101612.
51. Torchilin VP. Micellar nanocarriers: pharmaceutical perspectives. *Pharm Res.* 2007; 24: 1-16.
52. Jena SK, Sangamwar AT. Polymeric micelles: a promising tool for tamoxifen delivery in cancer? *Therapeutic delivery.* 2017; 8: 109-11.
53. Oerlemans C, Bult W, Bos M, Storm G, Nijsen JF, Hennink WE. Polymeric micelles in anticancer therapy: targeting, imaging and triggered release. *Pharm Res.* 2010; 27: 2569-89.
54. Adams ML, Lavasanifar A, Kwon GS. Amphiphilic block copolymers for drug delivery. *J Pharm Sci.* 2003; 92: 1343-55.
55. Gaucher G, Dufresne MH, Sant VP, Kang N, Maysinger D, Leroux JC. Block copolymer micelles: preparation, characterization and application in drug delivery. *J Control Release.* 2005; 109: 169-88.
56. Nishiyama N, Matsumura Y, Kataoka K. Development of polymeric micelles for targeting intractable cancers. *Cancer science.* 2016; 107: 867-74.
57. Alven S, Aderibigbe BA. The Therapeutic Efficacy of Dendrimer and Micelle Formulations for Breast Cancer Treatment. *Pharmaceutics.* 2020; 12.
58. Freedman OC, Fletcher GG, Gandhi S, Mates M, Dent SF, Trudeau ME, et al. Adjuvant endocrine therapy for early breast cancer: a systematic review of the evidence for the 2014 Cancer Care Ontario systemic therapy guideline. *Current oncology (Toronto, Ont).* 2015; 22: S95-s113.
59. Zheng C, Qiu L, Yao X, Zhu K. Novel micelles from graft polyphosphazenes as potential anti-cancer drug delivery systems: drug encapsulation and *in vitro* evaluation. *Int J Pharm.* 2009; 373: 133-40.

60. Ip SW, Liao SS, Lin SY, Lin JP, Yang JS, Lin ML, et al. The role of mitochondria in bee venom-induced apoptosis in human breast cancer MCF-7 cells. *In vivo* (Athens, Greece). 2008; 22: 237-45.
61. Raveendran R, Chen F, Kent B, Stenzel MH. Estrone-Decorated Polyion Complex Micelles for Targeted Melittin Delivery to Hormone-Responsive Breast Cancer Cells. *Biomacromolecules*. 2020; 21: 1222-33.
62. Adiga SK, Jagetia GC. Effect of teniposide (VM-26) on the cell survival, micronuclei-induction and lactate dehydrogenase activity on V79 cells. *Toxicology*. 1999; 138: 29-41.
63. Guo X, Zhao Z, Chen D, Qiao M, Wan F, Cun D, et al. Co-delivery of resveratrol and docetaxel via polymeric micelles to improve the treatment of drug-resistant tumors. *Asian journal of pharmaceutical sciences*. 2019; 14: 78-85.
64. Manjunath K, Reddy JS, Venkateswarlu V. Solid lipid nanoparticles as drug delivery systems. *Methods and findings in experimental and clinical pharmacology*. 2005; 27: 127-44.
65. Mukherjee S, Ray S, Thakur RS. Solid lipid nanoparticles: a modern formulation approach in drug delivery system. *Indian journal of pharmaceutical sciences*. 2009; 71: 349-58.
66. Jain A, Sharma G, Thakur K, Raza K, Shivhare US, Ghoshal G, et al. Beta-carotene-Encapsulated Solid Lipid Nanoparticles (BC-SLNs) as Promising Vehicle for Cancer: an Investigative Assessment. *AAPS PharmSciTech*. 2019; 20: 100.
67. Xu W, Bae EJ, Lee MK. Enhanced anticancer activity and intracellular uptake of paclitaxel-containing solid lipid nanoparticles in multidrug-resistant breast cancer cells. *International journal of nanomedicine*. 2018; 13: 7549-63.
68. Jadon RS, Sharma M, Technology. Docetaxel-loaded lipid-polymer hybrid nanoparticles for breast cancer therapeutics. *J Drug Deliv Sci*. 2019; 51: 475-84.
69. Jain S, Hirst D, O'Sullivan. Gold nanoparticles as novel agents for cancer therapy. *The British journal of radiology*. 2012; 85: 101-13.

70. Kafshdooz L, Kafshdooz T, Razban Z, Akbarzadeh A. The application of gold nanoparticles as a promising therapeutic approach in breast and ovarian cancer. *Artificial cells, nanomedicine, and biotechnology*. 2016; 44: 1222-7.
71. Sun TM, Wang YC, Wang F, Du JZ, Mao CQ, Sun CY, et al. Cancer stem cell therapy using doxorubicin conjugated to gold nanoparticles via hydrazone bonds. *Biomaterials*. 2014; 35: 836-45.
72. Dreaden EC, Mwakwari SC, Sodji QH, Oyelere AK, El-Sayed MA. Tamoxifen-poly(ethylene glycol)-thiol gold nanoparticle conjugates: enhanced potency and selective delivery for breast cancer treatment. *Bioconjugate chemistry*. 2009; 20: 2247-53.
73. Masood F. Polymeric nanoparticles for targeted drug delivery system for cancer therapy. *Materials science & engineering C, Materials for biological applications*. 2016; 60: 569-78.
74. Tang X, Loc WS, Dong C, Matters GL, Butler PJ, Kester M, et al. The use of nanoparticulates to treat breast cancer. *Nanomedicine (London, England)*. 2017; 12: 2367-88.
75. Allahverdiyev AM, Parlar E, Dinparvar S, Bagirova M, Abamor E. Current aspects in treatment of breast cancer based of nanodrug delivery systems and future prospects. *Artificial cells, nanomedicine, and biotechnology*. 2018; 46: S755-s62.
76. Massadeh S, Omer ME, Alterawi A, Ali R, Alanazi FH, Almutairi F, et al. Optimized Polyethylene Glycolylated Polymer-Lipid Hybrid Nanoparticles as a Potential Breast Cancer Treatment. *Pharmaceutics*. 2020; 12.
77. Ravikumara NR, Bharadwaj M, Madhusudhan B. Tamoxifen citrate-loaded poly(d,l) lactic acid nanoparticles: Evaluation for their anticancer activity *in vitro* and *in vivo*. *Journal of biomaterials applications*. 2016; 31: 755-72.
78. Lammers T, Aime S, Hennink WE, Storm G, Kiessling FJAocr. Theranostic nanomedicine. 2011; 44: 1029-38.

79. Ruman U, Fakurazi S, Masarudin MJ, Hussein MZ. Nanocarrier-Based Therapeutics and Theranostics Drug Delivery Systems for Next Generation of Liver Cancer Nanodrug Modalities. *International journal of nanomedicine*. 2020; 15: 1437-56.
80. Zhu X, Anquillare EL, Farokhzad OC, Shi JJ. Polymer-and protein-based nanotechnologies for cancer theranostics. 2014: 419-36.
81. Fan Z, Fu PP, Yu H, Ray PC. Theranostic nanomedicine for cancer detection and treatment. *Journal of food and drug analysis*. 2014; 22: 3-17.
82. Cai H, Wang X, Zhang H, Sun L, Pan D, Gong Q, et al. Enzyme-sensitive biodegradable and multifunctional polymeric conjugate as theranostic nanomedicine. 2018; 11: 207-18.
83. Abbasi AZ, Prasad P, Cai P, He C, Foltz WD, Amini MA, et al. Manganese oxide and docetaxel co-loaded fluorescent polymer nanoparticles for dual modal imaging and chemotherapy of breast cancer. *J Control Release*. 2015; 209: 186-96.
84. Zhigaltsev IV, Maurer N, Akhong QF, Leone R, Leng E, Wang J, et al. Liposome-encapsulated vincristine, vinblastine and vinorelbine: a comparative study of drug loading and retention. *Journal of controlled release : official journal of the Controlled Release Society*. 2005; 104: 103-11.
85. Bayne WF, Mayer LD, Swenson CE. Pharmacokinetics of CPX-351 (cytarabine/daunorubicin HCl) liposome injection in the mouse. *Journal of pharmaceutical sciences*. 2009; 98: 2540-8.
86. Misra R, Sahoo SK. Coformulation of doxorubicin and curcumin in poly(D,L-lactide-co-glycolide) nanoparticles suppresses the development of multidrug resistance in K562 cells. *Molecular pharmaceutics*. 2011; 8: 852-66.
87. Acharya S, Sahoo SK. Sustained targeting of Bcr-Abl + leukemia cells by synergistic action of dual drug loaded nanoparticles and its implication for leukemia therapy. *Biomaterials*. 2011; 32: 5643-62.

88. Zhang L, Radovic-Moreno AF, Alexis F, Gu FX, Basto PA, Bagalkot V, et al. Co-delivery of hydrophobic and hydrophilic drugs from nanoparticle-aptamer bioconjugates. *ChemMedChem*. 2007; 2: 1268-71.
89. Song XR, Cai Z, Zheng Y, He G, Cui FY, Gong DQ, et al. Reversion of multidrug resistance by co-encapsulation of vincristine and verapamil in PLGA nanoparticles. *European journal of pharmaceutical sciences : official journal of the European Federation for Pharmaceutical Sciences*. 2009; 37: 300-5.
90. Lammers T, Subr V, Ulbrich K, Peschke P, Huber PE, Hennink WE, et al. Simultaneous delivery of doxorubicin and gemcitabine to tumors in vivo using prototypic polymeric drug carriers. *Biomaterials*. 2009; 30: 3466-75.
91. Krakovicova H, Etrych T, Ulbrich K. HPMA-based polymer conjugates with drug combination. *European journal of pharmaceutical sciences : official journal of the European Federation for Pharmaceutical Sciences*. 2009; 37: 405-12.
92. Chen AM, Zhang M, Wei D, Stueber D, Taratula O, Minko T, et al. Co-delivery of doxorubicin and Bcl-2 siRNA by mesoporous silica nanoparticles enhances the efficacy of chemotherapy in multidrug-resistant cancer cells. *Small*. 2009; 5: 2673-7.
93. Kaneshiro TL, Lu ZR. Targeted intracellular codelivery of chemotherapeutics and nucleic acid with a well-defined dendrimer-based nanoglobular carrier. *Biomaterials*. 2009; 30: 5660-6.
94. Florence AT. The oral absorption of micro-and nanoparticulates: neither exceptional nor unusual. *Pharmaceutical Research*. 1997; 14: 259-66.
95. Clark MA, Jepson MA, Hirst BH. Exploiting M cells for drug and vaccine delivery. *Advanced drug delivery reviews*. 2001; 50: 81-106.
96. Hussain N, Jaitley V, Florence AT. Recent advances in the understanding of uptake of microparticulates across the gastrointestinal lymphatics. *Advanced drug delivery reviews*. 2001; 50: 107-42.

97. Plapied L, Duhem N, des Rieux A, Pr at V. Fate of polymeric nanocarriers for oral drug delivery. *Current Opinion in Colloid & Interface Science*. 2011; 16: 228-37.
98. Brannon-Peppas L. Recent advances on the use of biodegradable microparticles and nanoparticles in controlled drug delivery. *International Journal of Pharmaceutics*. 1995; 116: 1-9.
99. Jordan VC. Tamoxifen: a most unlikely pioneering medicine. *Nature Reviews Drug Discovery*. 2003; 2: 205-13.
100. Serra F, Lapidari P, Qua Quarini E, Tagliaferri B, Sottotetti F, Palumbo R. Palbociclib in metastatic breast cancer: current evidence and real-life data. *Drugs in context*. 2019; 8: 212579.
101. Sonali, Singh RP, Sharma G, Kumari L, Koch B, Singh S, et al. RGD-TPGS decorated theranostic liposomes for brain targeted delivery. *Colloids and surfaces B, Biointerfaces*. 2016; 147: 129-41.
102. Kumar Mehata A, Bharti S, Singh P, Viswanadh MK, Kumari L, Agrawal P, et al. Trastuzumab decorated TPGS-g-chitosan nanoparticles for targeted breast cancer therapy. *Colloids and surfaces B, Biointerfaces*. 2019; 173: 366-77.
103. Vikas, Mehata AK, Suseela MNL, Behera C, Kumari P, Mahto SK, et al. Chitosan-alginate nanoparticles of cabazitaxel: Design, dual-receptor targeting and efficacy in lung cancer model. *International journal of biological macromolecules*. 2022; 221: 874-90.
104. Esfandiarpour-Boroujeni S, Bagheri-Khoulenjani S, Mirzadeh H. Modeling and optimization of degree of folate grafted on chitosan and carboxymethyl-chitosan. *Progress in biomaterials*. 2016; 5: 1-8.
105. Viswanadh MK, Vikas, Jha A, Reddy Adena SK, Mehata AK, Priya V, et al. Formulation and in vivo efficacy study of cetuximab decorated targeted bioadhesive nanomedicine for non-small-cell lung cancer therapy. *Nanomedicine (London, England)*. 2020; 15: 2345-67.

106. Mudigunda SV, Pemmaraju DB, Paradkar S, Puppala ER, Gawali B, Upadhyayula SM, et al. Multifunctional Polymeric Nanoparticles for Chemo/Phototheranostics of Retinoblastoma. *ACS biomaterials science & engineering*. 2022; 8: 151-60.
107. Agrawal P, Singh RP, Sonali, Kumari L, Sharma G, Koch B, et al. TPGS-chitosan cross-linked targeted nanoparticles for effective brain cancer therapy. *Materials science & engineering C, Materials for biological applications*. 2017; 74: 167-76.
108. Agrawal P, Sonali, Singh RP, Sharma G, Mehata AK, Singh S, et al. Bioadhesive micelles of d- $\alpha$ -tocopherol polyethylene glycol succinate 1000: Synergism of chitosan and transferrin in targeted drug delivery. *Colloids and surfaces B, Biointerfaces*. 2017; 152: 277-88.
109. Vikas, Viswanadh MK, Mehata AK, Sharma V, Priya V, Varshney N, et al. Bioadhesive chitosan nanoparticles: Dual targeting and pharmacokinetic aspects for advanced lung cancer treatment. *Carbohydrate polymers*. 2021; 274: 118617.
110. Muthu MS, Kutty RV, Luo Z, Xie J, Feng SS. Theranostic vitamin E TPGS micelles of transferrin conjugation for targeted co-delivery of docetaxel and ultra bright gold nanoclusters. *Biomaterials*. 2015; 39: 234-48.
111. Yilmaz B, Kadioglu Y. Determination of 17  $\beta$ -estradiol in pharmaceutical preparation by UV spectrophotometry and high performance liquid chromatography methods. *Arab J Chem*. 2017; 10: S1422-S8.
112. Jha A, Viswanadh MK, Burande AS, Mehata AK, Poddar S, Yadav K, et al. DNA biodots based targeted theranostic nanomedicine for the imaging and treatment of non-small cell lung cancer. *International journal of biological macromolecules*. 2020; 150: 413-25.
113. International A. Standard Test Method for Analysis of Hemolytic Properties of Nanoparticles. ASTM International West Conshohocken, PA; 2013.
114. Muthu MS, Kulkarni SA, Raju A, Feng SS. Theranostic liposomes of TPGS coating for targeted co-delivery of docetaxel and quantum dots. *Biomaterials*. 2012; 33: 3494-501.

115. Singh RP, Sharma G, Sonali, Singh S, Kumar M, Pandey BL, et al. Vitamin E TPGS conjugated carbon nanotubes improved efficacy of docetaxel with safety for lung cancer treatment. *Colloids and surfaces B, Biointerfaces*. 2016; 141: 429-42.
116. Turner NC, Ro J, André F, Loi S, Verma S, Iwata H, et al. Palbociclib in Hormone-Receptor-Positive Advanced Breast Cancer. *The New England journal of medicine*. 2015; 373: 209-19.
117. Fischer AH, Jacobson KA, Rose J, Zeller R. Hematoxylin and eosin staining of tissue and cell sections. *CSH protocols*. 2008; 2008: pdb.prot4986.
118. Miller JL, Bartlett AP, Harman RM, Majhi PD, Jerry DJ, Van de Walle GR. Induced mammary cancer in rat models: pathogenesis, genetics, and relevance to female breast cancer. *Journal of mammary gland biology and neoplasia*. 2022; 27: 185-210.
119. Larsen MC, Angus WG, Brake PB, Eltom SE, Sukow KA, Jefcoate CR. Characterization of CYP1B1 and CYP1A1 expression in human mammary epithelial cells: role of the aryl hydrocarbon receptor in polycyclic aromatic hydrocarbon metabolism. *Cancer research*. 1998; 58: 2366-74.
120. Lin Y, Yao Y, Liu S, Wang L, Moorthy B, Xiong D, et al. Role of mammary epithelial and stromal P450 enzymes in the clearance and metabolic activation of 7,12-dimethylbenz(a)anthracene in mice. *Toxicology letters*. 2012; 212: 97-105.
121. Alvarado A, Lopes AC, Faustino-Rocha AI, Cabrita AMS, Ferreira R, Oliveira PA, et al. Prognostic factors in MNU and DMBA-induced mammary tumors in female rats. *Pathology, research and practice*. 2017; 213: 441-6.
122. Chow LW, Cheung MN, Loo WT, Guan XY. A rat cell line derived from DMBA-induced mammary carcinoma. *Life sciences*. 2003; 73: 27-40.
123. Yi M, Huo L, Koenig KB, Mittendorf EA, Meric-Bernstam F, Kuerer HM, et al. Which threshold for ER positivity? a retrospective study based on 9639 patients. *Annals of oncology : official journal of the European Society for Medical Oncology*. 2014; 25: 1004-11.

124. Ekinci M, Koksall-Karayildirim C, Ilem-Ozdemir D. Radiolabeled methotrexate loaded chitosan nanoparticles as imaging probe for breast cancer: Biodistribution in tumor-bearing mice. *J Drug Deliv Sci Technol* 2023; 80: 104146.
125. Mehata AK, Dehari D, Ayyannan SR, Muthu MS. X-ray powder diffraction spectroscopy as a robust tool in early predicting bioavailability of pharmaceutical formulation containing polymorphic drug substance. *Drug Deliv Lett.* 2020; 10: 250-4.
126. Zheng S, Peng J, Xu K, Tang PX, Ma X, Huang Y, et al. X-ray powder diffraction data for Palbociclib, C<sub>24</sub>H<sub>29</sub>N<sub>7</sub>O<sub>2</sub>. *Powder Diffr.* 2016; 31: 248-50.
127. Toft NJ, Axelsen TV, Pedersen HL, Mele M, Burton M, Balling E, et al. Acid-base transporters and pH dynamics in human breast carcinomas predict proliferative activity, metastasis, and survival. *eLife.* 2021; 10.
128. Lin B, Chen H, Liang D, Lin W, Qi X, Liu H, et al. Acidic pH and High-H<sub>2</sub>O<sub>2</sub> Dual Tumor Microenvironment-Responsive Nanocatalytic Graphene Oxide for Cancer Selective Therapy and Recognition. *ACS applied materials & interfaces.* 2019; 11: 11157-66.
129. Herdiana Y, Wathoni N, Shamsuddin S, Muchtaridi M. Drug release study of the chitosan-based nanoparticles. *Heliyon.* 2022; 8: e08674.
130. Mills JA, Liu F, Jarrett TR, Fletcher NL, Thurecht KJ. Nanoparticle based medicines: approaches for evading and manipulating the mononuclear phagocyte system and potential for clinical translation. *Biomaterials science.* 2022; 10: 3029-53.
131. Priya V, Vikas, Mehata AK, Jain D, Singh SK, Muthu MS. Efficient delivery of abciximab using mesoporous silica nanoparticles: In-vitro assessment for targeted and improved antithrombotic activity. *Colloids and surfaces B, Biointerfaces.* 2022; 218: 112697.
132. Zivadinovic D, Gametchu B, Watson CS. Membrane estrogen receptor-alpha levels in MCF-7 breast cancer cells predict cAMP and proliferation responses. *Breast cancer research : BCR.* 2005; 7: R101-12.

133. Zang Y, Odwin-Dacosta S, Yager JD. Effects of cadmium on estrogen receptor mediated signaling and estrogen induced DNA synthesis in T-47D human breast cancer cells. *Toxicology letters*. 2009; 184: 134-8.
134. Chen W, Zhang W, Chen M, Yang C, Fang T, Wang H, et al. Applications and mechanisms of the cyclin-dependent kinase 4/6 inhibitor, PD-0332991, in solid tumors. *Cellular oncology (Dordrecht)*. 2022; 45: 1053-71.
135. Cao H, Li C, Qi W, Meng X, Tian R, Qi Y, et al. Synthesis, cytotoxicity and antitumour mechanism investigations of polyoxometalate doped silica nanospheres on breast cancer MCF-7 cells. *PloS one*. 2017; 12: e0181018.
136. Zhang Y, Zhang H, Wang M, Schmid T, Xin Z, Kozhuharova L, et al. Hypoxia in Breast Cancer-Scientific Translation to Therapeutic and Diagnostic Clinical Applications. *Frontiers in oncology*. 2021; 11: 652266.
137. Hao Q, Xu G, Yang Y, Sun Y, Cong D, Li H, et al. Oestrone-targeted liposomes for mitoxantrone delivery via oestrogen receptor - synthesis, physicochemical characterization and in-vitro evaluation. *The Journal of pharmacy and pharmacology*. 2017; 69: 991-1001.
138. Kurmi BD, Paliwal R, Paliwal SR. Dual cancer targeting using estrogen functionalized chitosan nanoparticles loaded with doxorubicin-estrone conjugate: A quality by design approach. *International journal of biological macromolecules*. 2020; 164: 2881-94.
139. Srivastava P, Verma VK, Sabbarwal S, Singh M, Sahoo K, Koch B, et al. White light-emitting, biocompatible, water-soluble metallic magnesium nanoclusters for bioimaging applications. *Nanotechnology*. 2022; 34.
140. Ribeiro EF, de Barros-Alexandrino TT, Assis OBG, Junior AC, Quiles A, Hernando I, et al. Chitosan and crosslinked chitosan nanoparticles: Synthesis, characterization and their role as Pickering emulsifiers. *Carbohydrate polymers*. 2020; 250: 116878.
141. Esfandiarpour-Boroujeni S, Bagheri-Khoulenjani S, Mirzadeh H, Amanpour S. Fabrication and study of curcumin loaded nanoparticles based on folate-chitosan for breast cancer therapy application. *Carbohydrate polymers*. 2017; 168: 14-21.

142. Kakran M, Sahoo NG, Li L, Judeh Z, Wang Y, Chong K, et al. Fabrication of drug nanoparticles by evaporative precipitation of nanosuspension. *Int J Pharm.* 2010; 383: 285-92.
143. Mehata AK, Bharti S, Singh P, Viswanadh MK, Kumari L, Agrawal P, et al. Trastuzumab decorated TPGS-g-chitosan nanoparticles for targeted breast cancer therapy. *Colloids and surfaces B, Biointerfaces.* 2019; 173: 366-77.
144. Tang W, Yang Z, Wang S, Wang Z, Song J, Yu G, et al. Organic Semiconducting Photoacoustic Nanodroplets for Laser-Activatable Ultrasound Imaging and Combinational Cancer Therapy. *ACS nano.* 2018; 12: 2610-22.
145. Hannah A, Luke G, Wilson K, Homan K, Emelianov S. Indocyanine green-loaded photoacoustic nanodroplets: dual contrast nanoconstructs for enhanced photoacoustic and ultrasound imaging. *ACS nano.* 2014; 8: 250-9.
146. Ture M, Tokatli F, Kurt I. Using Kaplan–Meier analysis together with decision tree methods (C&RT, CHAID, QUEST, C4. 5 and ID3) in determining recurrence-free survival of breast cancer patients. *Expert Syst Appl.* 2009; 36: 2017-26.
147. Holder CF, Schaak RE. Tutorial on Powder X-ray Diffraction for Characterizing Nanoscale Materials. *ACS nano.* 2019; 13: 7359-65.
148. Toft NJ, Axelsen TV, Pedersen HL, Mele M, Burton M, Balling E, et al. Acid-base transporters and pH dynamics in human breast carcinomas predict proliferative activity, metastasis, and survival. *eLife.* 2021; 10: e68447.
149. Rajan M, Praphakar RA, Govindaraj D, Arulselvan P, Kumar SS. Cytotoxicity assessment of palbociclib-loaded chitosan-polypropylene glycol nano vehicles for cancer chemotherapy. *Materials today chemistry.* 2017; 6: 26-33.
150. Parsian M, Mutlu P, Taghavi Pourianazar N, Yalcin Azarkan S, Gunduz U. Investigation of the Therapeutic Effects of Palbociclib Conjugated Magnetic Nanoparticles on Different Types of Breast Cancer Cell Lines. *Cellular and molecular bioengineering.* 2023; 16: 143-57.

151. Vaupel P, Mayer A. Hypoxia in tumors: pathogenesis-related classification, characterization of hypoxia subtypes, and associated biological and clinical implications. *Advances in experimental medicine and biology*. 2014; 812: 19-24.
152. Hill RP, Bristow RG, Fyles A, Koritzinsky M, Milosevic M, Wouters BG. Hypoxia and Predicting Radiation Response. *Seminars in radiation oncology*. 2015; 25: 260-72.
153. Brizel DM, Scully SP, Harrelson JM, Layfield LJ, Bean JM, Prosnitz LR, et al. Tumor oxygenation predicts for the likelihood of distant metastases in human soft tissue sarcoma. *Cancer research*. 1996; 56: 941-3.



## 7 Publications from the research work

- **Mehata AK**, Singh V, Vikas, Singh N, Mandal A, Dash D, Koch B, Muthu MS. Chitosan-g-estrone Nanoparticles of Palbociclib Vanished Hypoxic Breast Tumor after Targeted Delivery: Development and Ultrasound/Photoacoustic Imaging. *ACS Appl Mater Interfaces*. 2023;15(29):34343-34359.
- **Mehata AK**, Singh V, Vikas, Singh N, Srivasstava P, Koch B, Kumar M, and Muthu MS. Theranostic chitosan nanoparticles for the co-delivery of palbociclib and ultra-small magnesium nanoclusters: dual receptor targeting, optical and ultrasound/photoacoustic imaging. *Nanotheranostics*. 2024; 8(2): 179-201.

### Other publications

- Mehata, A.K., Vikas, Viswanadh, M.K. and Muthu, M.S., 2023. Theranostics of metal– organic frameworks: image-guided nanomedicine for clinical translation. *Nanomedicine*, 18(8)1-4.
- Mehata, A.K., Bharti, S., Singh, P., Viswanadh, M.K., Kumari, L., Agrawal, P., Singh, S., Koch, B. and Muthu, M.S., 2019. Trastuzumab decorated TPGS-g-chitosan nanoparticles for targeted breast cancer therapy. *Colloids and Surfaces B: Biointerfaces*, 173, pp.366-377.
- Mehata, A.K., Gupta, N. and Muthu, M.S., 2023. Exosomes as a novel nanomedicine platform for personalized triple-negative breast cancer therapy. *Nanomedicine*, 18(6), 501-504.
- Mehata, A.K., Setia, A., Malik, A.K., Hassani, R., Dailah, H.G., Alhazmi, H.A., Albarraq, A.A., Mohan, S. and Muthu, M.S., 2023. Vitamin E TPGS-Based Nanomedicine, Nanotheranostics, and Targeted Drug Delivery: Past, Present, and Future. *Pharmaceutics*, 15(3), p.722.

- 
- Mehata, A.K., Suseela, M.N.L., Gokul, P., Malik, A.K., Viswanadh, M.K., Singh, C., Selvin,
  - J. and Muthu, M.S., 2022. Fast and highly efficient liquid chromatographic methods for qualification and quantification of antibiotic residues from environmental waste. *Microchemical Journal*, 179, p.107573.
  - Mehata, A.K., Dehari, D., Gupta, A., Rabin, D.C. and Miya, A., 2021. Multifunctional liquid crystal nanoparticles for cancer therapy. *Current Nanomaterials*, 6(1), pp.4-16.
  - Mehata, A.K., Viswanadh, M.K., Priya, V., Vikas and Muthu, M.S., 2021. Harnessing immunological targets for COVID-19 immunotherapy. *Future Virology*, 16(9), pp.619-640.
  - Mehata, A.K., Dehari, D., Mehta, A.K. and Miya, A., 2021. Boosting Innate Immunity During SARS-CoV-2 Clearance. *Coronaviruses*, 2(8), pp.2-3.
  - Mehata, A.K., Dehari, D., Ayyannan, S.R. and Muthu, M.S., 2020. X-ray powder diffraction spectroscopy as a robust tool in early predicting bioavailability of pharmaceutical formulation containing polymorphic drug substance. *Drug Delivery Letters*, 10(3), pp.250-254.
  - Dhamija P, Mehata AK, Setia A, Priya V, Malik AK, Bonlawar J, Verma N, Badgujar P, Randhave N, Muthu MS. Nanotheranostics: Molecular Diagnostics and Nanotherapeutic Evaluation by Photoacoustic/Ultrasound Imaging in Small Animals. *Molecular Pharmaceutics*. 2023.
  - Vikas, Mehata AK, Viswanadh MK, Malik AK, Setia A, Kumari P, Mahto SK, Muthu MS. EGFR Targeted Redox Sensitive Chitosan Nanoparticles of Cabazitaxel: Dual-Targeted Cancer Therapy, Lung Distribution, and Targeting

- 
- Studies by Photoacoustic and Optical Imaging. *Biomacromolecules*. 2023, 24, 11, 4989–5003.
- Setia A, Mehata AK, Priya V, Pawde DM, Jain D, Mahto SK, Muthu MS. Current Advances in Nanotheranostics for Molecular Imaging and Therapy of Cardiovascular Disorders. *Molecular Pharmaceutics*. 2023;20(10):4922-41.
  - Shukla, V.N., Mehata, A.K., Setia, A., Kumari, P., Mahto, S.K., Muthu, M.S. and Mishra, S.K., 2023. EGFR targeted albumin nanoparticles of oleanolic acid: In silico screening of nanocarrier, cytotoxicity and pharmacokinetics for lung cancer therapy. *International Journal of Biological Macromolecules*, 246, p.125719.
  - Chauhan, M., Singh, R.P., Yadav, B., Shekhar, S., Kumar, A., Mehata, A.K., Nayak, A.K., Dutt, R., Garg, V., Kailashiya, V. and Muthu, M.S., 2023. Development and characterization of micelles for nucleolin-targeted co-delivery of docetaxel and upconversion nanoparticles for theranostic applications in brain cancer therapy. *Journal of Drug Delivery Science and Technology*, p.104808.
  - Shukla, V.N., Mehata, A.K., Setia, A., Kumari, P., Mahto, S.K., Muthu, M.S. and Mishra, S.K., 2023. Rational design of surface engineered albumin nanoparticles of asiatic acid for EGFR targeted delivery to lung cancer: formulation development and pharmacokinetics. *Colloids and Surfaces A: Physicochemical and Engineering Aspects*, p.132188.
  - Suseela, M.N.L., Viswanadh, M.K., Mehata, A.K., Priya, V., Setia, V.A., Malik, A.K., Gokul, P., Selvin, J. and Muthu, M.S., 2023. Advances in solid-phase extraction techniques: role of nanosorbents for the enrichment of antibiotics for analytical quantification. *Journal of Chromatography A*, p.463937.
  - Setia, A., Mehata, A.K., Malik, A.K., Viswanadh, M.K. and Muthu, M.S., 2023. Theranostic magnetic nanoparticles: synthesis, properties, toxicity, and emerging

---

trends for biomedical applications. *Journal of Drug Delivery Science and Technology*, p.104295.

- Singh C, Mehata AK, Tiwari P, Setia A, Malik AK, Singh SK, Tilak R, Muthu MS. Design of novel bioadhesive chitosan film loaded with bimetallic gold-silver nanoparticles for antibiofilm and wound healing activity. *Biomedical Materials*. 2023 Feb 15;18(2):025014.
- Yadav, B., Chauhan, M., Shekhar, S., Kumar, A., Mehata, A.K., Nayak, A.K., Dutt, R., Garg, V., Kailashiya, V., Muthu, M.S. and Singh, R.P., 2023. RGD-decorated PLGA nanoparticles improved effectiveness and safety of cisplatin for lung cancer therapy. *International Journal of Pharmaceutics*, 633, p.122587.
- Vikas, Mehata, A.K., Suseela, M.N.L., Behera, C., Kumari, P., Mahto, S.K. and Muthu, M.S., 2022. Chitosan-alginate nanoparticles of cabazitaxel: Design, dual-receptor targeting and efficacy in lung cancer model. *International Journal of Biological Macromolecules*, 221, pp.874-890.
- Priya, V., Singh, S.K., Revand, R., Kumar, S., Mehata, A.K., Sushmitha, P., Mahto, S.K. and Muthu, M.S., 2022. GPIIb/IIIa receptor targeted rutin loaded liposomes for site-specific antithrombotic effect. *Molecular Pharmaceutics*, 20(1), pp.663-679.
- Singh, C., Mehata, A.K., Priya, V., Malik, A.K., Setia, A., Suseela, M.N.L., Vikas, Gokul, P., Samridhi, Singh, S.K. and Muthu, M.S., 2022. Bimetallic Au–Ag nanoparticles: advanced nanotechnology for tackling antimicrobial resistance. *Molecules*, 27(20), p.7059.
- Rout, S.K., Priya, V., Mehata, A.K. and Muthu, M.S., 2022. Abciximab coated albumin nanoparticles of rutin for improved and targeted antithrombotic effect. *Journal of Drug Delivery Science and Technology*, 76, p.103785.

- 
- Priya, V., Mehata, A.K., Jain, D., Singh, S.K. and Muthu, M.S., 2022. Efficient delivery of abciximab using mesoporous silica nanoparticles: In-vitro assessment for targeted and improved antithrombotic activity. *Colloids and Surfaces B: Biointerfaces*, 218, p.112697.
  - Rout, S.K., Priya, V., Setia, A., Mehata, A.K., Mohan, S., Albratty, M., Najmi, A., Meraya, A.M., Makeen, H.A., Tambuwala, M.M. and Muthu, M.S., 2022. Mitochondrial targeting theranostic nanomedicine and molecular biomarkers for efficient cancer diagnosis and therapy. *Biomedicine & Pharmacotherapy*, 153, p.113451.
  - Vikas, Sahu, H.K., Mehata, A.K., Viswanadh, M.K., Priya, V. and Muthu, M.S., 2022. Dual- receptor-targeted nanomedicines: emerging trends and advances in lung cancer therapeutics. *Nanomedicine*, 17(19), pp.1375-1395.
  - Dehari, D., Mehata, A.K., Priya, V., Parbat, D., Kumar, D., Srivastava, A.K., Singh, S. and Agrawal, A.K., 2022. Luliconazole nail lacquer for the treatment of onychomycosis: formulation, characterization and in vitro and ex vivo evaluation. *AAPS PharmSciTech*, 23(6), p.175.
  - Manners, N., Priya, V., Mehata, A.K., Rawat, M., Mohan, S., Makeen, H.A., Albratty, M., Albarrati, A., Meraya, A.M. and Muthu, M.S., 2022. Theranostic nanomedicines for the treatment of cardiovascular and related diseases: current strategies and future perspectives. *Pharmaceuticals*, 15(4), p.441.
  - Viswanadh, M.K., Mehata, A.K., Sharma, V., Priya, V., Varshney, N., Mahto, S.K. and Muthu, M.S., 2021. Bioadhesive chitosan nanoparticles: Dual targeting and pharmacokinetic aspects for advanced lung cancer treatment. *Carbohydrate Polymers*, 274, p.118617.

- 
- Priya, V., Viswanadh, M.K., Mehata, A.K., Jain, D., Singh, S.K. and Muthu, M.S., 2021. Targeted nanotherapeutics in the prophylaxis and treatment of thrombosis. *Nanomedicine*, 16(13), pp.1153-1176.
  - Narendra, Mehata, A.K., Viswanadh, M.K., Sonkar, R., Pawde, D.M., Priya, V., Singh, M., Koch, B. and S Muthu, M., 2020. Formulation and in vitro evaluation of upconversion nanoparticle-loaded liposomes for brain cancer. *Therapeutic Delivery*, 11(9), pp.557-571.
  - Viswanadh, M.K., Vikas, Jha, A., Reddy Adena, S.K., Mehata, A.K., Priya, V., Neogi, K., Poddar, S., Mahto, S.K. and Muthu, M.S., 2020. Formulation and in vivo efficacy study of cetuximab decorated targeted bioadhesive nanomedicine for non-small-cell lung cancer therapy. *Nanomedicine*, 15(24), pp.2345-2367.
  - Burande, A.S., Viswanadh, M.K., Jha, A., Mehata, A.K., Shaik, A., Agrawal, N., Poddar, S., Mahto, S.K. and Muthu, M.S., 2020. EGFR targeted paclitaxel and piperine co-loaded liposomes for the treatment of triple negative breast cancer. *AAPS PharmSciTech*, 21, pp.1- 12.
  - Jha, A., Viswanadh, M.K., Burande, A.S., Mehata, A.K., Poddar, S., Yadav, K., Mahto, S.K., Parmar, A.S. and Muthu, M.S., 2020. DNA biodots based targeted theranostic nanomedicine for the imaging and treatment of non-small cell lung cancer. *International journal of biological macromolecules*, 150, pp.413-425.
  - Pawde, D.M., Viswanadh, M.K., Mehata, A.K., Sonkar, R., Poddar, S., Burande, A.S., Jha, A., Vajanthri, K.Y., Mahto, S.K., Dustakeer, V.A. and Muthu, M.S., 2020. Mannose receptor targeted bioadhesive chitosan nanoparticles of clofazimine for effective therapy of tuberculosis. *Saudi Pharmaceutical Journal*, 28(12), pp.1616-1625.

- 
- Vikas, Viswanadh, M.K., Priya, V., Mehata, A.K. and Muthu, M.S., 2020. What are the unexplored facts about nanomicelles formed from docetaxel clinical injection?. *Therapeutic Delivery*, 11(1), pp.801-803.
  - Viswanadh, M.K., Singh, R.P., Agrawal, P., Mehata, A.K., Pawde, D.M., Sonkar, R. and Muthu, M.S., 2018. Nanotheranostics: emerging strategies for early diagnosis and therapy of brain cancer. *Nanotheranostics*, 2(1), p.70.
  - Agrawal, P., Singh, R.P., Kumari, L., Sharma, G., Koch, B., Rajesh, C.V., Mehata, A.K., Singh, S., Pandey, B.L. and Muthu, M.S., 2017. TPGS-chitosan cross-linked targeted nanoparticles for effective brain cancer therapy. *Materials science and engineering: C*, 74, pp.167-176.
  - Agrawal, P., Singh, R.P., Sharma, G., Mehata, A.K., Singh, S., Rajesh, C.V., Pandey, B.L., Koch, B. and Muthu, M.S., 2017. Bioadhesive micelles of d- $\alpha$ -tocopherol polyethylene glycol succinate 1000: Synergism of chitosan and transferrin in targeted drug delivery. *Colloids and Surfaces B: Biointerfaces*, 152, pp.277-288.
  - Muthu, M.S., Mehata, A.K. and Viswanadh, M.K., 2017. Upconversion nanotheranostics: emerging designs for integration of diagnosis and therapy. *Nanomedicine*, 12(6), pp.577-580.
  - Singh C, Mehata AK, Muthu MS, Tiwari KN. *Premna integrifolia: A Review on the Exploration of its Potential Pharmacological and Therapeutic Properties. Current Traditional Medicine*. 2024 1;10(2):37-50.

### Book chapters

- **Mehata AK**, Viswanadh, M.K., Prasanna, P., Kumar, M. and Muthu, M.S., 2023. *Theranostic Applications of Upconversion Nanoparticle-Based Drug-Delivery*

Systems. In *Nanomaterial-Based Drug Delivery Systems: Therapeutic and Theranostic Applications* (pp. 239-268). Cham: Springer International Publishing.

- **Mehata AK**, Muthu MS. Development of Supramolecules in the Field of Nanomedicines. In *Pharmaceutical Applications of Supramolecules 2023 Jan 16* (pp. 211-239). Cham: Springer International Publishing.
- **Mehata AK**, Dehari, D., Priya, V. and Muthu, M.S., 2023. Drug-releasing textile materials: current developments and future perspectives. In *Fiber and Textile Engineering in Drug Delivery Systems* (pp. 1-38). Woodhead Publishing, Elsevier.

# ABHISHESH KUMAR MEHATA

Indian Institute of Technology (Banaras Hindu University)  
Email: [ahisheshkm.phe15@itbhu.ac.in](mailto:ahisheshkm.phe15@itbhu.ac.in), Mo. No. +91-8147325145

## EDUCATION

Indian Institute of Technology (BHU), India	Ph. D, Pharmaceutics	2024
Indian Institute of Technology (BHU), India	M. Pharmacy, Pharmaceutical Eng. & Tech.	2017
Acharya BM Reddy College of Pharmacy, India	B. Pharmacy	2015

## RESEARCH EXPERIENCE

- Ph.D. Project:** Targeted nanomedicine and nanotheranostics for breast cancer imaging and therapy 2024  
Mentor: Dr. M.S. Muthu, Department of Pharmaceutics, IIT (BHU) Varanasi
- Preconjugation of polymeric nanocarrier with targeting moiety and characterization by FTIR, NMR, MS/MS and XPS
  - Development imaging probe co-loaded NPs and their characterization, *in-vitro* and *in-vivo* anticancer evaluation
  - Ultrasound/photoacoustic imaging and *in-vivo* live imaging of breast tumour bearing rat.
- M. Pharm Dissertation:** TPGS-g-Chitosan nanoparticle for targeted breast cancer therapy 2017  
Mentor: Dr. M.S. Muthu, Department of Pharmaceutics, IIT (BHU) Varanasi
- Graduation research:** Modified Released Tablets: An Overview 2015  
Mentor: Prof. Divakar Goli, Acharya BM Reddy college of pharmacy, Bangalore

## INDUSTRIAL EXPERIENCE

- Sun Pharmaceutical Industries Ltd, Delhi, India** 2018-2019  
Research scientist in formulation R&D
- Product development research
  - Oral solid dosage formulation and topical formulation
  - Quality documentation
- Apotex Research Pvt. Ltd., Bengaluru, India** 2017-2018  
Research Trainee in analytical R&D
- Analytical method development of pharmaceutical product
  - Performing dissolution, assay, degradation production quantification by using HPLC, UV

## GRADUATE & UNDERGRADUATE RESEARCH MENTORING

- IIT (BHU), Mentored M. Pharm. thesis of S. K. Rout (Published in J Drug Deliv Sci Technol.) 2021-2022
- IIT (BHU), Mentored M. Pharm. thesis of P. Dhamija (Published in Mol. pharmaceutics.) 2022-2023
- IIT (BHU), Mentored M. Pharma. thesis of J. Bolunwar (Nanotheranostics) 2022-2023

## SKILLS

Technical Skills	Software Skills	Personal Skills
<ul style="list-style-type: none"> <li>• Nanoformulations development</li> <li>• Targeted drug delivery</li> <li>• <i>In-vitro</i> characterization</li> <li>• PK-PD studies</li> <li>• Animal handling</li> <li>• Histopathology</li> <li>• Cell line studies</li> </ul>	<ul style="list-style-type: none"> <li>• Design expert</li> <li>• Winolin</li> <li>• PK-solver, IC-50</li> <li>• Endnote</li> <li>• Image J</li> <li>• M3Vision (IVIS)</li> <li>• MestReNova(NMR)</li> <li>• Vivo Lab</li> </ul>	<ul style="list-style-type: none"> <li>• Teamwork</li> <li>• Problem solving</li> <li>• Mentorship</li> <li>• Work ethics</li> <li>• Reliability</li> <li>• Project planning</li> </ul>

**RECENT PUBLICATIONS**

- Mehata, A.K., Singh, V., Vikas, Singh, N., Mandal, A., Dash, D., Koch, B. and Muthu, M.S., 2023. Chitosan-g-estrone Nanoparticles of Palbociclib Vanished Hypoxic Breast Tumor after Targeted Delivery: Development and Ultrasound/Photoacoustic Imaging. **ACS Applied Materials & Interfaces**, 15(29), 34343-34359 (IF 9.5)
- Mehata AK, Singh V, Vikas, Singh N, Srivasstava P, Koch B, Kumar M, and Muthu MS. Theranostic chitosan nanoparticles for the co-delivery of palbociclib and ultra-small magnesium nanoclusters: dual receptor targeting, optical and ultrasound/photoacoustic imaging. **Nanotheranostics**. 2024; 8(2): 179-201(IF 4.8)
- Vikas, Mehata, A. K., Viswanadh, M. K., Malik, A. K., Setia, A., Kumari, P. Muthu, M. S. (2023). EGFR Targeted Redox Sensitive Chitosan Nanoparticles of Cabazitaxel: Dual-Targeted Cancer Therapy, Lung Distribution, and Targeting Studies by Photoacoustic and Optical Imaging. **Biomacromolecules**. 24, 11, 4989–5003 (IF 6.092)
- In more than **60 peer review publications** and **5 book chapters**.

**PRESENTATION AND TRAININGS**

- |                                    |   |      |
|------------------------------------|---|------|
| • SERB SSR, IIT (BHU), India.      | Exploring New Avenues and Innovations in Drug Discovery   | 2023 |
| • DST STUTI, SATHI-BHU, India.     | Hands on training program on ultrasound and photoacoustic imaging   | 2022 |
| • NIPER-DRIL Hyderabad, India.     | Industry Oriented Training on cell culture and animal handlings   | 2019 |
| • 67th IPC, Mysuru, India.         | Bioadhesive micelles of chitosan conjugated D- $\alpha$ -tocopherol polyethylene glycol succinate 1000          | 2017 |
| • IIT BHU Institutes Day, India.   | Vitamin E TPGS conjugated carbon nanotubes improved efficacy of docetaxel with safety for lung cancer treatment | 2016 |
| • 5th DDNPTM, Niper Mohali, India. | Quality control standardization and antimicrobial evaluation of <i>Heterophragma adenophyllum</i>               | 2016 |
| • IIT BHU, Varanasi, India.        | Formulation and evaluation of hydrogel containing SLN loaded with Neem leaves extract for cosmetic Application  | 2015 |

**ACCOMPLISHMENTS AND GRANTS**

- |   |              |
|---|--------------|
| • Ministry of human resource development fellowship (INR 35,000/month for 5 yrs.)           | 2019-present |
| • Ministry of human resource development research support grant (INR 18,000/yr. for 5 yrs.) | 2019-2023    |
| • University grants commission fellowship (INR 12,500/month for 2 yrs.)                     | 2015-2017    |
| • University Grants commission research support grant (INR 18,000/yr. for 2 yrs.)           | 2015-2017    |
| • Qualified GPAT with percentile of 94.5  | 2015         |
| • University Rank holder from RGUHS, Bangalore  | 2015         |
| • B. Pharmacy class topper award from ABMRCP  | 2015         |
| • A certificate of appreciation from Indian Pharmaceutical Association                      | 2014         |

**EXTRACURRICULAR ACTIVITIES**

- Volunteered at the 63rd and 64th IPC (2011-2012)
- Experienced in Lab stock management.
- Mentor UG/PG students