

## PREFACE

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International Association for the Study of Pain defines pain as “An unpleasant sensory and emotional experience associated with, or resembling that associated with, actual or potential tissue damage”. Pain is a protective mechanism of our body that acts as an alarm against various tissue-damaging stimuli, thus it is regarded as the 6<sup>th</sup> sense which is essential for the survival and wellbeing of organisms. When pain becomes chronic it develops into a devastating medical condition imposing a huge burden on society and healthcare costs. Nociception is the neural process that encodes the noxious stimuli and manipulation in the nociceptive pathways can degrade the usefulness of pain as a protective phenomenon. Despite the progress made in unraveling the pathophysiology behind chronic pain the current therapeutics shows limited efficacy and elicits several side effects, ultimately leading to treatment withdrawal and poor quality of life. Opioids are the most frequently prescribed medication for chronic pain but carry several side effects including sedation, drug addiction, motor incoordination, respiratory depression, hypotension, sleep apnea, constipation, etc. Other treatment options including non-steroidal anti-inflammatory drugs, ion channel blockers, gamma-aminobutyric acid analogs have raising contraindications with high reports of adverse effects along with drug-drug interaction. Thus, there is an unmet need for effective pharmacotherapeutics for the treatment of chronic pain without causing severe side effects. Intracellular transport is essential for the cellular homeostasis and survival. Kinesins (KIFs) are the ATP dependent motor proteins that transport variety of receptors from cytosol to the synaptic membrane in an anterograde direction. Kinesin generates mechanical force by utilizing ATP and cause displacement over the microtubule via hand-over-hand movement. On reaching the synaptic membrane the whole kinesin and cargo complex gets disassembled and the receptors are delivered to the cell surface making them functional. Any impairment in the expression and functioning of KIFs results in maladaptive neuronal circuits that cause improper propagation of neuronal signals. Recent literature has suggested the role of kinesin nanomotors in trafficking of various ion channels and thereby regulating the nociceptive response. KIF17 is a homodimeric kinesin motor protein that belongs to the osmotic avoidance abnormal protein-3 (OSM3)/KIF17 family, involved in

trafficking of N-methyl D-aspartate receptor subtype 2B (NR2B) subunit of NMDA receptor system from cytosol to periphery. The NR2B subunit is essential for the localization of NMDARs into the synaptic membrane and plays crucial role in regulating synaptic plasticity and chronic pain pathophysiology. Central sensitization is a primary feature of chronic pain which develops due to the over-activity of NMDARs at the spinal and supra-spinal regions. Whereas in dorsal root ganglion (DRG) the NMDARs play critical role in development of peripheral hyperalgesia. Targeting NMDARs through direct pharmacological blockade affects the basal physiological role of this receptors system leading to severe side effects. Therefore, an indirect approach of targeting the NMDA receptor function by interfering with receptor maturation, synthesis, and transport to the synaptic membrane could be an attractive strategy for the treatment of neuropathic pain.

The present thesis is divided into seven chapters and a brief description is given below:

**Chapter 1** introduces pain as a protective mechanism and chronic pain as a devastating disorder with a wide literature survey. This chapter illustrates the motivation of work and the background of the study. Further, it includes definitions, terminologies, mechanisms, and limitations of currently available therapeutics for chronic pain. Moreover, the section presents the comprehensive literature on the interplay of kinesins in multifarious signaling involved in the neurobiology of chronic pain.

**Chapter 2** of this thesis is dedicated to the rationale and objectives of the work. This chapter consists of the hypothesis of the study along with experimental design. It also includes the details of different objectives that were framed using a multidisciplinary state-of-the-art approach including *in-silico* and *in-vivo* tools.

**Chapter 3** illustrates a detailed description of the material and methods used to carry out the present work. A complete overview of the different experimental techniques including the working principles and modifications performed is presented in this section. *In-silico* techniques, sample size, chronic pain models, surgical procedures, tissues harvesting method, sample processing procedures, reagent

preparation and composition, biochemical assays and molecular biology techniques are discussed in a detailed manner along with the source of materials and reagents used in the experimental work.

**Chapter 4** presents the experimental work and findings of the first study conducted to evaluate various aspects of the hypothesis. This section consists of a behavioral battery for the assessment of SCE action on different stimulus-evoked pain hypersensitivities and CNS toxicity. Next, the findings from molecular studies including RT-PCR and western blotting, are discussed in detail to elucidate the mechanism of action of SCE.

**Chapter 5** represents another part of the experimental work that has been carried out to study the effect of SAF in neuropathic pain models. The study revealed the effect of SAF in inflammatory pain and suggest the role of KIF17-NR2B interplay, microglial activity, and oxido-nitrosative signaling in modulation of the same.

**Chapter 6** shows the effect of Betaine in neuropathic pain models. The study revealed the effect of betaine in inflammatory pain and suggest the role of KIF17-NR2B interplay, microglial activity, and oxido-nitrosative signaling in modulation of the same.

**Chapter 7** summaries and the key findings of the experimental work of the thesis and includes the discussion on the results observed in the present work and describes the advantages of *Sida cordifolia* root extract and its bioactive component betaine for the treatment of chronic pain. The section gives detailed insight on the novel mechanisms of betaine antinociceptive action against chronic pain. Finally, this chapter conclude the thesis work and illustrate the future scope of the research.